



4. Schlaubetal-Marathon

Eisenhüttenstadt / 23.10.2010

Detailed evaluation

Kruschke, Regina

Club: Eisenhüttenstadt
Number: 1304

Course: 21.10 km
Halbmarathon Nordic-Walking

Category:
Nordic-Walking Frauen

Total time: 2:55:56

Speed: 7.20 km/h
Running performance: 8:20 min/km

Rank in course/Total: 4 (of 9)
Rank in course/Women: 2 (of 7)
Best time in course: 2:49:01

Rank in category: 2(of 7)
Best time in the category: 2:49:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	10.60	1:27:15	8:13	2	3:19	2	3:19	10.60	1:27:15	8:13	2	3:19	2	3:19
Last lap Finish	10.50	1:28:41	8:26	2	3:36	2	3:36	21.10	2:55:56	8:20	2	6:55	2	6:55