



4. Schlaubetal-Marathon

Eisenhüttenstadt / 23.10.2010

Detailed evaluation

Senczyszyn, Zoltan

Club: LC Cottbus
Number: 632

Course: 42.19 km
Marathon

Category:
Männer M20

Total time: 2:57:08

Speed: 14.23 km/h
Running performance: 4:12 min/km

Rank in course/Total: 1 (of 99)

Rank in course/Men: 1 (of 82)

Best time in course: 2:57:08

Rank in category: 1(of 8)

Best time in the category: 2:57:08

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	11.60	46:45	4:01	1	-	1	-	11.60	46:45	4:01	1	-	73	
Lap 2	18.40	1:18:20	4:15	1	-	1	-	30.00	2:05:05	4:10	1	-	72	
Lap 3	3.50	12:08	3:27	1	-	1	-	33.50	2:17:13	4:05	1	-	73	
Last lap Finish	8.69	39:55	4:35	1	-	1	-	42.19	2:57:08	4:11	1	-	1	-