



4. Schlaubetal-Marathon

Eisenhüttenstadt / 23.10.2010

Detailed evaluation

Lipinsky, Goetz

Club: MSV Tripoint Frankfurt (O)
Number: 700

Course: 42.19 km
Marathon

Category:
Männer M40

Total time: 3:15:20

Speed: 12.90 km/h
Running performance: 4:38 min/km

Rank in course/Total: 6 (of 99)

Rank in course/Men: 6 (of 82)

Best time in course: 2:57:08

Rank in category: 5(of 19)

Best time in the category: 3:10:05

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	50:43	4:22	2	1:13	4	3:58	11.60	50:43	4:22	16			58
Lap 2	18.40	1:22:04	4:27	1	-	2	3:44	30.00	2:12:47	4:25	16			57
Lap 3	3.50	14:15	4:04	6	1:27	9	2:07	33.50	2:27:02	4:23	16			58
Last lap Finish	8.69	48:18	5:33	7	7:30	12	8:23	42.19	3:15:20	4:37	5	5:15	6	18:12