



4. Schlaubetal-Marathon
Eisenhüttenstadt / 23.10.2010

Detailed evaluation

Muhs, Matthias

Club: TV-Fürstenwalde
Number: 660

Course: 42.19 km
Marathon

Category:
Männer M45

Total time: 3:19:12

Speed: 12.65 km/h
Running performance: 4:43 min/km

Rank in course/Total: 7 (of 99)

Rank in course/Men: 7 (of 82)

Best time in course: 2:57:08

Rank in category: 1(of 22)

Best time in the category: 3:19:12

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	50:38	4:21	1	-	3	3:53	11.60	50:38	4:21	12	-	57	-
Lap 2	18.40	1:26:01	4:40	1	-	8	7:41	30.00	2:16:39	4:33	12	-	56	-
Lap 3	3.50	14:15	4:04	1	-	9	2:07	33.50	2:30:54	4:30	12	-	57	-
Last lap Finish	8.69	48:18	5:33	2	1:57	12	8:23	42.19	3:19:12	4:43	1	-	7	22:04