



# 4. Schlaubetal-Marathon

Eisenhüttenstadt / 23.10.2010

## Detailed evaluation

**Helbig, Solvejg**

Club: Eisenhüttenstadt  
Number: 1302

Course: 21.10 km  
Halbmarathon Nordic-Walking

Category:  
Nordic-Walking Frauen

Total time: 3:19:38

Speed: 6.31 km/h  
Running performance: 9:28 min/km

Rank in course/Total: 7 (of 9)

Rank in course/Women: 5 (of 7)

Best time in course: 2:49:01

Rank in category: 5(of 7)

Best time in the category: 2:49:01

### Intermediate times

### Stage score

### Total ranking

Control	Stage score				Total ranking									
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	10.60	1:34:51	8:56	6	10:55	6	10:55	10.60	1:34:51	8:56	5	10:55	5	10:55
Last lap Finish	10.50	1:44:47	9:58	5	19:42	5	19:42	21.10	3:19:38	9:27	5	30:37	5	30:37