



4. Schlaubetal-Marathon
Eisenhüttenstadt / 23.10.2010

Detailed evaluation

Lemanczyk, Thomas

Club: Eisenhüttenstadt

Number: 125

Course: 10.00 km

10 km Lauf

Category:

Männer M30

Total time: 53:52

Speed: 11.14 km/h

Running performance: 5:23 min/km

Rank in course/Total: 23 (of 68)

Rank in course/Men: 20 (of 39)

Best time in course: 37:22

Rank in category: 2(of 4)

Best time in the category: 50:11