



4. Schlaubetal-Marathon

Eisenhüttenstadt / 23.10.2010

Detailed evaluation

Reinhardt, Horst

Club: Lauffeuer Fröttstädt
Number: 659

Course: 42.19 km
Marathon

Category:
Männer M45

Total time: 3:45:21

Speed: 11.18 km/h
Running performance: 5:20 min/km

Rank in course/Total: 27 (of 99)

Rank in course/Men: 27 (of 82)

Best time in course: 2:57:08

Rank in category: 6(of 22)

Best time in the category: 3:19:12

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	59:12	5:06	7	8:34	35	12:27	11.60	59:12	5:06	18		78	
Lap 2	18.40	1:37:30	5:17	5	11:29	27	19:10	30.00	2:36:42	5:13	18		77	
Lap 3	3.50	16:36	4:44	10	2:21	37	4:28	33.50	2:53:18	5:10	18		78	
Last lap Finish	8.69	52:03	5:59	6	5:42	24	12:08	42.19	3:45:21	5:20	6	26:09	27	48:13