



4. Schlaubetal-Marathon  
Eisenhüttenstadt / 23.10.2010

Detailed evaluation

Zeugner, Frank

Club: Frankfurt (Oder)  
Number: 652

Course: 42.19 km  
Marathon

Category:  
Männer M50

Total time: 3:46:59

Speed: 11.10 km/h  
Running performance: 5:23 min/km

Rank in course/Total: 30 (of 99)

Rank in course/Men: 30 (of 82)

Best time in course: 2:57:08

Rank in category: 4(of 11)

Best time in the category: 3:19:35

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	59:06	5:05	4	4:04	33	12:21	11.60	59:06	5:05	4	4:04	75	
Lap 2	18.40	1:37:39	5:18	3	13:18	29	19:19	30.00	2:36:45	5:13	4	17:22	74	
Lap 3	3.50	16:03	4:35	3	2:33	29	3:55	33.50	2:52:48	5:09	4	19:55	75	
Last lap Finish	8.69	54:11	6:14	4	7:29	33	14:16	42.19	3:46:59	5:22	4	27:24	30	49:51