



4. Schlaubetal-Marathon  
Eisenhüttenstadt / 23.10.2010

Detailed evaluation

Brühe, Steffen

Club: Erdinger Stammtisch 590  
Number: 639

Course: 42.19 km  
Marathon

Category:  
Männer M20

Total time: 3:51:12

Speed: 10.95 km/h  
Running performance: 5:29 min/km

Rank in course/Total: 36 (of 99)

Rank in course/Men: 36 (of 82)

Best time in course: 2:57:08

Rank in category: 6(of 8)

Best time in the category: 2:57:08

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Behind	Total		Pos	Behind	Pos		Behind
	km	Time			min/km	Cat.		Men	Men			km	Time	
Lap 1	11.60	1:04:18	5:32	6	17:33	63	17:33	11.60	1:04:18	5:32	6	17:33	69	2:44
Lap 2	18.40	1:39:07	5:23	5	20:47	32	20:47	30.00	2:43:25	5:26	6	38:20	68	
Lap 3	3.50	15:59	4:33	4	3:51	28	3:51	33.50	2:59:24	5:21	6	42:11	69	
Last lap Finish	8.69	51:48	5:57	4	11:53	22	11:53	42.19	3:51:12	5:28	6	54:04	36	54:04