



4. Schlaubetal-Marathon
Eisenhüttenstadt / 23.10.2010

Detailed evaluation

Brühe, Steffen

Club: Erdinger Stammtisch 590
Number: 639

Course: 42.19 km
Marathon

Category:
Männer M20

Total time: 3:51:12

Speed: 10.90 km/h
Running performance: 5:29 min/km

Rank in course/Total: 36 (of 99)

Rank in course/Men: 36 (of 82)

Best time in course: 2:57:08

Rank in category: 6(of 8)

Best time in the category: 2:57:08

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	1:04:18	5:32	6	17:33	63	17:33	11.60	1:04:18	5:32	6	17:33	69	2:44
Lap 2	18.40	1:39:07	5:23	5	20:47	32	20:47	30.00	2:43:25	5:26	6	38:20	68	
Lap 3	3.50	15:59	4:33	4	3:51	28	3:51	33.50	2:59:24	5:21	6	42:11	69	
Last lap Finish	8.69	51:48	5:57	4	11:53	22	11:53	42.19	3:51:12	5:28	6	54:04	36	54:04