



4. Schlaubetal-Marathon

Eisenhüttenstadt / 23.10.2010

Detailed evaluation

Kriese, Matthias

Club: SV Wacker Mohorn
Number: 602

Course: 42.19 km
Marathon

Category:
Männer M30

Total time: 3:51:22

Speed: 10.89 km/h
Running performance: 5:29 min/km

Rank in course/Total: 37 (of 99)

Rank in course/Men: 37 (of 82)

Best time in course: 2:57:08

Rank in category: 4(of 5)

Best time in the category: 3:37:42

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Behind	Total		Pos	Behind	Pos		Behind
	km	Time			min/km	Cat.		Men	Men			km	Time	
Lap 1	11.60	53:17	4:35	1	-	7	6:32	11.60	53:17	4:35	4			68
Lap 2	18.40	1:52:06	6:05	4	18:48	60	33:46	30.00	2:45:23	5:30	3	15:11	67	1:34
Lap 3	3.50	15:18	4:22	3	0:28	24	3:10	33.50	3:00:41	5:23	4	15:39	68	
Last lap Finish	8.69	50:41	5:49	1	-	20	10:46	42.19	3:51:22	5:29	4	13:40	37	54:14