



4. Schlaubetal-Marathon

Eisenhüttenstadt / 23.10.2010

Detailed evaluation

Siepert, Thomas

Club: Team Stützrad
Number: 644

Course: 42.19 km
Marathon

Category:
Männer M35

Total time: 3:53:33

Speed: 10.84 km/h
Running performance: 5:32 min/km

Rank in course/Total: 43 (of 99)

Rank in course/Men: 41 (of 82)

Best time in course: 2:57:08

Rank in category: 4(of 6)

Best time in the category: 3:31:13

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	56:16	4:51	3	3:23	19	9:31	11.60	56:16	4:51	4		64	
Lap 2	18.40	1:42:24	5:33	4	13:13	42	24:04	30.00	2:38:40	5:17	4	7:28	63	
Lap 3	3.50	17:33	5:00	4	3:28	47	5:25	33.50	2:56:13	5:15	4	10:56	64	
Last lap Finish	8.69	57:20	6:35	4	11:24	44	17:25	42.19	3:53:33	5:32	4	22:20	41	56:25