



4. Schlaubetal-Marathon

Eisenhüttenstadt / 23.10.2010

Detailed evaluation

Schacht, Torsten

Club: LG Havelblitze
Number: 707

Course: 42.19 km
Marathon

Category:
Männer M45

Total time: 3:59:46

Speed: 10.56 km/h
Running performance: 5:41 min/km

Rank in course/Total: 45 (of 99)

Rank in course/Men: 43 (of 82)

Best time in course: 2:57:08

Rank in category: 10(of 22)

Best time in the category: 3:19:12

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Lap 1	11.60	1:03:41	5:29	13	13:03	55	16:56	11.60	1:03:41	5:29	14		21	2:07
Lap 2	18.40	1:44:21	5:40	13	18:20	45	26:01	30.00	2:48:02	5:36	14		21	4:13
Lap 3	3.50	16:20	4:39	8	2:05	33	4:12	33.50	3:04:22	5:30	14		21	2:21
Last lap Finish	8.69	55:24	6:22	10	9:03	40	15:29	42.19	3:59:46	5:40	10	40:34	43	1:02:38