



4. Schlaubetal-Marathon

Eisenhüttenstadt / 23.10.2010

Detailed evaluation

Kirchner, Ines

Club: Teltow

Number: 627

Course: 42.19 km

Marathon

Category:

Frauen W40

Total time: 4:03:39

Speed: 10.34 km/h

Running performance: 5:47 min/km

Rank in course/Total: 51 (of 99)

Rank in course/Women: 3 (of 17)

Best time in course: 3:52:12

Rank in category: 2(of 6)

Best time in the category: 3:53:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Lap 1	11.60	1:05:45	5:40	2	1:54	5	6:37	11.60	1:05:45	5:40	2	1:54	16
Lap 2	18.40	1:45:17	5:43	2	3:55	4	3:55	30.00	2:51:02	5:42	2	5:49	16
Lap 3	3.50	16:44	4:46	2	0:35	3	0:35	33.50	3:07:46	5:36	2	6:24	16
Last lap Finish	8.69	55:53	6:25	2	4:01	3	4:01	42.19	4:03:39	5:46	2	10:25	3 11:27