



4. Schlaubetal-Marathon  
Eisenhüttenstadt / 23.10.2010

Detailed evaluation

Voigt, Heiko

Club: Berlin  
Number: 605

Course: 42.19 km  
Marathon

Category:  
Männer M40

Total time: 4:03:47

Speed: 10.38 km/h  
Running performance: 5:47 min/km

Rank in course/Total: 53 (of 99)

Rank in course/Men: 50 (of 82)

Best time in course: 2:57:08

Rank in category: 13(of 19)

Best time in the category: 3:10:05

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	1:04:12	5:32	16	14:42	62	17:27	11.60	1:04:12	5:32	8	3:15	15	2:38
Lap 2	18.40	1:46:35	5:47	14	24:31	50	28:15	30.00	2:50:47	5:41	8	9:29	15	6:58
Lap 3	3.50	17:34	5:01	12	4:46	50	5:26	33.50	3:08:21	5:37	8	10:54	15	6:20
Last lap Finish	8.69	55:26	6:22	12	14:38	41	15:31	42.19	4:03:47	5:46	13	53:42	50	1:06:39