



4. Schlaubetal-Marathon

Eisenhüttenstadt / 23.10.2010

Detailed evaluation

Weisener, Elke

Club: LT Nauen-Falkensee
Number: 696

Course: 42.19 km
Marathon

Category:
Frauen W55

Total time: 4:06:44

Speed: 10.21 km/h
Running performance: 5:51 min/km

Rank in course/Total: 56 (of 99)
Rank in course/Women: 4 (of 17)
Best time in course: 3:52:12

Rank in category: 1(of 2)
Best time in the category: 4:06:44

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	11.60	1:03:56	5:30	2	2:01	4	4:48	11.60	1:03:56	5:30	1	-	15	
Lap 2	18.40	1:45:25	5:43	2	0:28	5	4:03	30.00	2:49:21	5:38	1	-	15	
Lap 3	3.50	16:56	4:50	2	0:18	4	0:47	33.50	3:06:17	5:33	1	-	15	
Last lap Finish	8.69	1:00:27	6:57	1	-	5	8:35	42.19	4:06:44	5:50	1	-	4	14:32