



4. Schlaubetal-Marathon
Eisenhüttenstadt / 23.10.2010

Detailed evaluation

Schrade, Robert

Club: Brandenburger Betonklötze
Number: 668

Course: 42.19 km
Marathon

Category:
Männer M40

Total time: 4:10:08

Speed: 10.12 km/h
Running performance: 5:56 min/km

Rank in course/Total: 59 (of 99)

Rank in course/Men: 54 (of 82)

Best time in course: 2:57:08

Rank in category: 14(of 19)

Best time in the category: 3:10:05

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	1:01:38	5:18	13	12:08	48	14:53	11.60	1:01:38	5:18	7	0:41	10	0:04
Lap 2	18.40	1:51:19	6:02	16	29:15	57	32:59	30.00	2:52:57	5:45	7	11:39	10	9:08
Lap 3	3.50	17:59	5:08	13	5:11	52	5:51	33.50	3:10:56	5:41	7	13:29	10	8:55
Last lap Finish	8.69	59:12	6:48	14	18:24	48	19:17	42.19	4:10:08	5:55	14	1:00:03	54	1:13:00