



4. Schlaubetal-Marathon  
Eisenhüttenstadt / 23.10.2010

Detailed evaluation

Guse, Torsten

Club: Neißemünde  
Number: 682

Course: 42.19 km  
Marathon

Category:  
Männer M40

Total time: 4:19:49

Speed: 9.70 km/h  
Running performance: 6:10 min/km

Rank in course/Total: 64 (of 99)

Rank in course/Men: 59 (of 82)

Best time in course: 2:57:08

Rank in category: 16(of 19)

Best time in the category: 3:10:05

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	1:03:50	5:30	15	14:20	58	17:05	11.60	1:03:50	5:30	5	2:53	4	2:16
Lap 2	18.40	1:45:58	5:45	13	23:54	49	27:38	30.00	2:49:48	5:39	5	8:30	4	5:59
Lap 3	3.50	18:01	5:08	14	5:13	53	5:53	33.50	3:07:49	5:36	5	10:22	4	5:48
Last lap Finish	8.69	1:12:00	8:17	16	31:12	69	32:05	42.19	4:19:49	6:09	16	1:09:44	59	1:22:41