



4. Schlaubetal-Marathon

Eisenhüttenstadt / 23.10.2010

Detailed evaluation

Gessner, Milan

Club: Pneumant Fürstenwalde
Number: 706

Course: 42.19 km
Marathon

Category:
Männer M50

Total time: 4:21:22

Speed: 9.64 km/h
Running performance: 6:11 min/km

Rank in course/Total: 66 (of 99)

Rank in course/Men: 61 (of 82)

Best time in course: 2:57:08

Rank in category: 7(of 11)

Best time in the category: 3:19:35

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Behind	Total		Pos	Behind	Pos		Behind
	km	Time			min/km	Cat.		Cat.	Men			Men	km	
Lap 1	11.60	1:01:01	5:15	5	5:59	44	14:16	11.60	1:01:01	5:15	7	5:59	3	
Lap 2	18.40	1:47:41	5:51	6	23:20	52	29:21	30.00	2:48:42	5:37	7	29:19	3	4:53
Lap 3	3.50	25:46	7:21	11	12:16	79	13:38	33.50	3:14:28	5:48	7	41:35	3	12:27
Last lap Finish	8.69	1:06:54	7:41	7	20:12	61	26:59	42.19	4:21:22	6:11	7	1:01:47	61	1:24:14