



4. Schlaubetal-Marathon

Eisenhüttenstadt / 23.10.2010

Detailed evaluation

Schmid, Jörg

Club: rennsteiglaufverein
Number: 697

Course: 42.19 km
Marathon

Category:
Männer M45

Total time: 4:24:44

Speed: 9.56 km/h
Running performance: 6:16 min/km

Rank in course/Total: 68 (of 99)

Rank in course/Men: 62 (of 82)

Best time in course: 2:57:08

Rank in category: 17(of 22)

Best time in the category: 3:19:12

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Behind	Total		Pos	Behind	Pos		Behind
	km	Time			min/km	Cat.		Men	Men			km	Time	
Lap 1	11.60	1:09:07	5:57	20	18:29	73	22:22	11.60	1:09:07	5:57	7	3:28	2	7:33
Lap 2	18.40	1:57:00	6:21	19	30:59	67	38:40	30.00	3:06:07	6:12	7	15:37	2	22:18
Lap 3	3.50	17:39	5:02	15	3:24	51	5:31	33.50	3:23:46	6:04	7	16:42	2	21:45
Last lap Finish	8.69	1:00:58	7:00	13	14:37	51	21:03	42.19	4:24:44	6:16	17	1:05:32	62	1:27:36