



4. Schlaubetal-Marathon

Eisenhüttenstadt / 23.10.2010

Detailed evaluation

Baars, Ulrike

Club: WKF Bergfried 91
Number: 693

Course: 42.19 km
Marathon

Category:
Frauen W45

Total time: 4:26:17

Speed: 9.51 km/h
Running performance: 6:19 min/km

Rank in course/Total: 69 (of 99)

Rank in course/Women: 7 (of 17)

Best time in course: 3:52:12

Rank in category: 1(of 5)

Best time in the category: 4:26:17

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Lap 1	11.60	1:08:36	5:54	2	1:01	9	9:28	11.60	1:08:36	5:54	1	-	12	
Lap 2	18.40	1:56:37	6:20	1	-	8	15:15	30.00	3:05:13	6:10	1	-	12	
Lap 3	3.50	18:44	5:21	2	0:05	9	2:35	33.50	3:23:57	6:05	1	-	12	
Last lap Finish	8.69	1:02:20	7:10	1	-	7	10:28	42.19	4:26:17	6:18	1	-	7	34:05