



# 4. Schlaubetal-Marathon

Eisenhüttenstadt / 23.10.2010

## Detailed evaluation

dilling, daniela

Club: lg nord berlin  
Number: 662

Course: 42.19 km  
Marathon

Category:  
Frauen W45

Total time: 4:31:30

Speed: 9.32 km/h  
Running performance: 6:26 min/km

Rank in course/Total: 71 (of 99)

Rank in course/Women: 8 (of 17)

Best time in course: 3:52:12

Rank in category: 2(of 5)

Best time in the category: 4:26:17

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Lap 1	11.60	1:07:35	5:49	1	-	7	8:27	11.60	1:07:35	5:49	2			11	
Lap 2	18.40	2:00:37	6:33	3	4:00	11	19:15	30.00	3:08:12	6:16	2	2:59	11	1:25	
Lap 3	3.50	19:26	5:33	3	0:47	12	3:17	33.50	3:27:38	6:11	2	3:41	11	2:12	
Last lap Finish	8.69	1:03:52	7:20	2	1:32	8	12:00	42.19	4:31:30	6:26	2	5:13	8	39:18	