



4. Schlaubetal-Marathon  
Eisenhüttenstadt / 23.10.2010

Detailed evaluation

Reich, Thorsten

Club: Strausberg  
Number: 623

Course: 42.19 km  
Marathon

Category:  
Männer M45

Total time: 4:33:13

Speed: 9.22 km/h  
Running performance: 6:29 min/km

Rank in course/Total: 74 (of 99)

Rank in course/Men: 65 (of 82)

Best time in course: 2:57:08

Rank in category: 19(of 22)

Best time in the category: 3:19:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	1:08:15	5:53	18	17:37	70	21:30	11.60	1:08:15	5:53	5	2:36	40	6:41
Lap 2	18.40	1:55:38	6:17	18	29:37	65	37:18	30.00	3:03:53	6:07	5	13:23	40	20:04
Lap 3	3.50	19:21	5:31	19	5:06	62	7:13	33.50	3:23:14	6:03	5	16:10	40	21:13
Last lap Finish	8.69	1:09:59	8:03	18	23:38	64	30:04	42.19	4:33:13	6:28	19	1:14:01	65	1:36:05