



4. Schlaubetal-Marathon

Eisenhüttenstadt / 23.10.2010

Detailed evaluation

Mohr, Birgit

Club: SC Bor. Friedrichsfelde
Number: 703

Course: 42.19 km
Marathon

Category:
Frauen W50

Total time: 4:40:23

Speed: 8.99 km/h
Running performance: 6:39 min/km

Rank in course/Total: 79 (of 99)
Rank in course/Women: 11 (of 17)
Best time in course: 3:52:12

Rank in category: 1(of 1)
Best time in the category: 4:40:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	11.60	1:13:13	6:18	1	-	12	14:05	11.60	1:13:13	6:18	1	-	8	4:10
Lap 2	18.40	2:02:05	6:38	1	-	12	20:43	30.00	3:15:18	6:30	1	-	8	8:31
Lap 3	3.50	19:12	5:29	1	-	10	3:03	33.50	3:34:30	6:24	1	-	8	9:04
Last lap Finish	8.69	1:05:53	7:34	1	-	10	14:01	42.19	4:40:23	6:38	1	-	11	48:11