



4. Schlaubetal-Marathon

Eisenhüttenstadt / 23.10.2010

Detailed evaluation

Cser, Istvan

Club: LTSV Forst 1990
Number: 683

Course: 42.19 km
Marathon

Category:
Männer M55

Total time: 4:57:44

Speed: 8.46 km/h
Running performance: 7:04 min/km

Rank in course/Total: 88 (of 99)

Rank in course/Men: 75 (of 82)

Best time in course: 2:57:08

Rank in category: 8(of 9)

Best time in the category: 3:42:07

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	1:12:03	6:12	8	13:23	74	25:18	11.60	1:12:03	6:12	8	13:23	30	10:29
Lap 2	18.40	2:02:33	6:39	8	26:35	72	44:13	30.00	3:14:36	6:29	8	39:58	30	30:47
Lap 3	3.50	19:34	5:35	7	4:28	63	7:26	33.50	3:34:10	6:23	8	44:26	30	32:09
Last lap Finish	8.69	1:23:34	9:36	8	32:55	78	43:39	42.19	4:57:44	7:03	8	1:15:37	75	2:00:36