



4. Schlaubetal-Marathon

Eisenhüttenstadt / 23.10.2010

Detailed evaluation

Meyer, Hans-Joachim

Club: 100 Marathon Club
Number: 600

Course: 42.19 km
Marathon

Category:
Männer M70

Total time: 5:02:55

Speed: 8.32 km/h
Running performance: 7:11 min/km

Rank in course/Total: 89 (of 99)

Rank in course/Men: 76 (of 82)

Best time in course: 2:57:08

Rank in category: 1(of 1)

Best time in the category: 5:02:55

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	11.60	1:13:44	6:21	1	-	78	26:59	11.60	1:13:44	6:21	1	-	29	12:10
Lap 2	18.40	2:15:32	7:21	1	-	78	57:12	30.00	3:29:16	6:58	1	-	29	45:27
Lap 3	3.50	22:22	6:23	1	-	77	10:14	33.50	3:51:38	6:54	1	-	29	49:37
Last lap Finish	8.69	1:11:17	8:12	1	-	67	31:22	42.19	5:02:55	7:10	1	-	76	2:05:47