



4. Schlaubetal-Marathon  
Eisenhüttenstadt / 23.10.2010

Detailed evaluation

Zimmermann, Claudia

Club: Berlin  
Number: 646

Course: 42.19 km  
Marathon

Category:  
Frauen W40

Total time: 5:06:53

Speed: 8.21 km/h  
Running performance: 7:16 min/km

Rank in course/Total: 92 (of 99)  
Rank in course/Women: 14 (of 17)  
Best time in course: 3:52:12

Rank in category: 6(of 6)  
Best time in the category: 3:53:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	11.60	1:13:20	6:19	6	9:29	14	14:12	11.60	1:13:20	6:19	6	9:29	4	4:17
Lap 2	18.40	2:13:43	7:16	6	32:21	15	32:21	30.00	3:27:03	6:54	6	41:50	4	20:16
Lap 3	3.50	23:23	6:40	6	7:14	17	7:14	33.50	3:50:26	6:52	6	49:04	4	25:00
Last lap Finish	8.69	1:16:27	8:47	6	24:35	16	24:35	42.19	5:06:53	7:16	6	1:13:39	14	1:14:41