



4. Schlaubetal-Marathon

Eisenhüttenstadt / 23.10.2010

Detailed evaluation

Lies, Andreas

Club: MSV Tripoint Frankfurt/O.
Number: 635

Course: 42.19 km
Marathon

Category:
Männer M50

Total time: 5:12:11

Speed: 8.07 km/h
Running performance: 7:24 min/km

Rank in course/Total: 95 (of 99)

Rank in course/Men: 80 (of 82)

Best time in course: 2:57:08

Rank in category: 11(of 11)

Best time in the category: 3:19:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	1:14:48	6:26	11	19:46	80	28:03	11.60	1:14:48	6:26	11	19:46	25	13:14
Lap 2	18.40	2:12:51	7:13	11	48:30	76	54:31	30.00	3:27:39	6:55	11	1:08:16	25	43:50
Lap 3	3.50	20:54	5:58	9	7:24	72	8:46	33.50	3:48:33	6:49	11	1:15:40	25	46:32
Last lap Finish	8.69	1:23:38	9:37	10	36:56	79	43:43	42.19	5:12:11	7:23	11	1:52:36	80	2:15:03