



4. Schlaubetal-Marathon

Eisenhüttenstadt / 23.10.2010

Detailed evaluation

Eichner, Sigrid

Club: 100 Marathon Club
Number: 691

Course: 42.19 km
Marathon

Category:
Frauen W70

Total time: 5:31:49

Speed: 7.59 km/h
Running performance: 7:52 min/km

Rank in course/Total: 97 (of 99)
Rank in course/Women: 16 (of 17)
Best time in course: 3:52:12

Rank in category: 1(of 1)
Best time in the category: 5:31:49

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	11.60	1:21:04	6:59	1	-	17	21:56	11.60	1:21:04	6:59	1	-	2	12:01
Lap 2	18.40	2:33:05	8:19	1	-	17	51:43	30.00	3:54:09	7:48	1	-	2	47:22
Lap 3	3.50	22:17	6:22	1	-	16	6:08	33.50	4:16:26	7:39	1	-	2	51:00
Last lap Finish	8.69	1:15:23	8:40	1	-	14	23:31	42.19	5:31:49	7:51	1	-	16	1:39:37