



4. Schlaubetal-Marathon
Eisenhüttenstadt / 23.10.2010

Detailed evaluation

Staroske, Maik

Club: Eisenhüttenstadt

Number: 144

Course: 10.00 km

10 km Lauf

Category:

Männer M40

Total time: 57:32

Speed: 10.43 km/h

Running performance: 5:45 min/km

Rank in course/Total: 37 (of 68)

Rank in course/Men: 28 (of 39)

Best time in course: 37:22

Rank in category: 7(of 8)

Best time in the category: 47:08