



4. Schlaubetal-Marathon

Eisenhüttenstadt / 23.10.2010

Detailed evaluation

Goldammer, Klaus

Club: OSC Berlin
Number: 445

Course: 21.10 km
Cross-Halbmarathon

Category:
Männer M55

Total time: 1:26:05

Speed: 14.64 km/h
Running performance: 4:05 min/km

Rank in course/Total: 2 (of 127)

Rank in course/Men: 2 (of 101)

Best time in course: 1:22:06

Rank in category: 1(of 7)

Best time in the category: 1:26:05

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.60	43:19	4:05	1	-	3	1:09	10.60	43:19	4:05	1	-	75	
Last lap Finish	10.50	42:46	4:04	1	-	2	2:50	21.10	1:26:05	4:04	1	-	2	3:59