



4. Schlaubetal-Marathon

Eisenhüttenstadt / 23.10.2010

Detailed evaluation

Haby, Dirk Markus

Club: BSG Pneumant Fürstenwalde
Number: 387

Course: 21.10 km
Cross-Halbmarathon

Category:
Männer M40

Total time: 1:34:02

Speed: 13.40 km/h
Running performance: 4:28 min/km

Rank in course/Total: 5 (of 127)

Rank in course/Men: 5 (of 101)

Best time in course: 1:22:06

Rank in category: 1(of 22)

Best time in the category: 1:34:02

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.60	47:32	4:29	1	-	5	5:22	10.60	47:32	4:29	12		72	
Last lap Finish	10.50	46:30	4:25	1	-	5	6:34	21.10	1:34:02	4:27	1	-	5	11:56