



4. Schlaubetal-Marathon

Eisenhüttenstadt / 23.10.2010

Detailed evaluation

Melcher, Thomas

Club: Long Distance LC
Number: 385

Course: 21.10 km
Cross-Halbmarathon

Category:
Männer M40

Total time: 1:36:18

Speed: 13.15 km/h
Running performance: 4:34 min/km

Rank in course/Total: 7 (of 127)

Rank in course/Men: 7 (of 101)

Best time in course: 1:22:06

Rank in category: 2(of 22)

Best time in the category: 1:34:02

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.60	49:04	4:37	2	1:32	7	6:54	10.60	49:04	4:37	21		70	
Last lap Finish	10.50	47:14	4:29	2	0:44	6	7:18	21.10	1:36:18	4:33	2	2:16	7	14:12