



9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

Detailed evaluation

SCHRÖDER, Arne

Club: Dortmund
Number: 327

Course: 21.08 km
Halbmarathon

Category:
Männer M20

Total time: 2:02:08

Speed: 10.36 km/h
Running performance: 5:47 min/km

Rank in course/Total: 4 (of 53)

Rank in course/Men: 4 (of 39)

Best time in course: 1:49:45

Rank in category: 1(of 4)

Best time in the category: 2:02:08

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	5.27	31:05	5:53	2	0:02	10	5:29	5.27	31:05	5:53	1	-	24	
Lap 2	5.27	31:07	5:54	1	-	10	5:09	10.54	1:02:12	5:54	3		34	
Lap 3	5.27	30:11	5:43	1	-	3	2:29	15.81	1:32:23	5:50	1	-	23	
Last lap Finish	5.27	29:45	5:38	1	-	2	0:04	21.08	2:02:08	5:47	1	-	4	12:23