



9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

Detailed evaluation

PEEMÖLLER, Sven

Club: 100 Marathon Club
Number: 260

Course: 42.16 km
Marathon

Category:
Männer M40

Total time: 3:57:22

Speed: 10.62 km/h
Running performance: 5:38 min/km

Rank in course/Total: 36 (of 289)

Rank in course/Men: 36 (of 261)

Best time in course: 3:20:36

Rank in category: 11(of 55)

Best time in the category: 3:28:58

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	5.27	28:55	5:29	15	5:42	77	6:33	5.27	28:55	5:29	41		44	
Lap 2	5.27	28:51	5:28	15	4:21	71	5:25	10.54	57:46	5:28	35		42	
Lap 3	5.27	29:25	5:34	16	4:48	71	5:47	15.81	1:27:11	5:30	39		39	
Lap 4	5.27	29:33	5:36	13	4:32	54	4:55	21.08	1:56:44	5:32	36		38	
Lap 5	5.27	29:20	5:33	10	3:02	37	4:01	26.35	2:26:04	5:32	37		33	23:15
Lap 6	5.27	29:52	5:40	7	2:17	30	4:01	31.62	2:55:56	5:33	38		36	27:10
Lap 7	5.27	30:35	5:48	8	2:04	23	4:28	36.89	3:26:31	5:35	35		29	31:38
Last lap Finish	5.27	30:51	5:51	8	3:13	24	5:08	42.16	3:57:22	5:37	13	2:20:09	45	3:30:35