



9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

Detailed evaluation

KERRUTT, Anja

Club: Erfurt
Number: 163

Course: 42.16 km
Marathon

Category:
Frauen W30

Total time: 4:05:29

Speed: 10.30 km/h
Running performance: 5:49 min/km

Rank in course/Total: 50 (of 289)

Rank in course/Women: 1 (of 28)

Best time in course: 4:05:29

Rank in category: 1(of 7)

Best time in the category: 4:05:29

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Lap 1 | 5.27 | 32:51 | 6:14 | 3 | 2:10 | 10 | 5:06 | 5.27 | 32:51 | 6:14 | 2 | - | 27 | 1:30 |
| Lap 2 | 5.27 | 29:39 | 5:37 | 1 | - | 3 | 0:33 | 10.54 | 1:02:30 | 5:55 | 2 | - | 21 | - |
| Lap 3 | 5.27 | 29:03 | 5:30 | 1 | - | 1 | - | 15.81 | 1:31:33 | 5:47 | 1 | - | 13 | - |
| Lap 4 | 5.27 | 29:18 | 5:33 | 1 | - | 1 | - | 21.08 | 2:00:51 | 5:43 | 1 | - | 14 | - |
| Lap 5 | 5.27 | 29:46 | 5:38 | 1 | - | 1 | - | 26.35 | 2:30:37 | 5:42 | 1 | - | 12 | - |
| Lap 6 | 5.27 | 30:46 | 5:50 | 1 | - | 1 | - | 31.62 | 3:01:23 | 5:44 | 3 | - | 24 | - |
| Lap 7 | 5.27 | 31:53 | 6:02 | 1 | - | 1 | - | 36.89 | 3:33:16 | 5:46 | 1 | - | 20 | - |
| Last lap Finish | 5.27 | 32:13 | 6:06 | 1 | - | 1 | - | 42.16 | 4:05:29 | 5:49 | 2 | 2:35:48 | 2 | 2:35:48 |