



9. Unter-Tage Sparkassen Marathon  
Brügman- Schacht, Sondershausen / 04.12.2010

Detailed evaluation

TEWES, geertje

Club: ASV Faßberg  
Number: 373

Course: 42.16 km  
Marathon

Category:  
Frauen W45

Total time: 4:08:16

Speed: 10.19 km/h  
Running performance: 5:53 min/km

Rank in course/Total: 56 (of 289)

Rank in course/Women: 2 (of 28)

Best time in course: 4:05:29

Rank in category: 1(of 8)

Best time in the category: 4:08:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	5.27	27:45	5:15	1	-	1	-	5.27	27:45	5:15	1	-	26	
Lap 2	5.27	29:14	5:32	1	-	2	0:08	10.54	56:59	5:24	1	-	20	
Lap 3	5.27	29:43	5:38	1	-	2	0:40	15.81	1:26:42	5:29	1	-	25	
Lap 4	5.27	30:30	5:47	1	-	2	1:12	21.08	1:57:12	5:33	1	-	26	
Lap 5	5.27	31:36	5:59	1	-	2	1:50	26.35	2:28:48	5:38	1	-	23	
Lap 6	5.27	32:29	6:09	1	-	2	1:43	31.62	3:01:17	5:43	8		23	
Lap 7	5.27	33:28	6:21	2	1:23	3	1:35	36.89	3:34:45	5:49	1	-	1	-
Last lap Finish	5.27	33:31	6:21	2	0:59	4	1:18	42.16	4:08:16	5:53	1	-	3	2:38:35