



9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

Detailed evaluation

SCHÜLER, Frank

Club: KSC-Strausberg
Number: 333

Course: 42.16 km
Marathon

Category:
Männer M50

Total time: 4:11:54

Speed: 10.00 km/h
Running performance: 5:58 min/km

Rank in course/Total: 64 (of 289)

Rank in course/Men: 62 (of 261)

Best time in course: 3:20:36

Rank in category: 5(of 32)

Best time in the category: 3:20:36

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	5.27	27:27	5:12	5	3:24	51	5:05	5.27	27:27	5:12	27		72	
Lap 2	5.27	27:22	5:11	5	3:08	38	3:56	10.54	54:49	5:12	19	6:28	67	
Lap 3	5.27	27:59	5:18	5	3:28	37	4:21	15.81	1:22:48	5:14	27		67	
Lap 4	5.27	28:54	5:29	5	4:16	44	4:16	21.08	1:51:42	5:17	26		63	
Lap 5	5.27	30:29	5:47	6	5:10	54	5:10	26.35	2:22:11	5:23	25		60	19:22
Lap 6	5.27	32:07	6:05	7	6:10	61	6:16	31.62	2:54:18	5:30	20		60	25:32
Lap 7	5.27	38:24	7:17	12	12:17	119	12:17	36.89	3:32:42	5:45	25		56	37:49
Last lap Finish	5.27	39:12	7:26	12	13:29	127	13:29	42.16	4:11:54	5:58	6	2:50:21	72	3:45:07