



9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

Detailed evaluation

WARIAS, Steffen

Club: Merseburg
Number: 392

Course: 21.08 km
Halbmarathon

Category:
Männer M40

Total time: 2:08:37

Speed: 9.80 km/h
Running performance: 6:06 min/km

Rank in course/Total: 9 (of 53)

Rank in course/Men: 8 (of 39)

Best time in course: 1:49:45

Rank in category: 4(of 10)

Best time in the category: 2:01:34

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	5.27	28:59	5:29	1	-	3	3:23	5.27	28:59	5:29	3	-	27		
Lap 2	5.27	29:33	5:36	2	0:01	4	3:35	10.54	58:32	5:33	1	-	22		
Lap 3	5.27	33:00	6:15	5	2:13	12	5:18	15.81	1:31:32	5:47	3	2:09	26		
Last lap Finish	5.27	37:05	7:02	6	6:01	15	7:24	21.08	2:08:37	6:06	4	7:03	8	18:52	