



# 9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

## Detailed evaluation

**STROBEL, Daniel**

Club: MSC Rogner Bad Blumau  
Number: 364

Course: 42.16 km  
Marathon

Category:  
Männer M20

Total time: 4:17:24

Speed: 9.83 km/h  
Running performance: 6:07 min/km

Rank in course/Total: 81 (of 289)

Rank in course/Men: 77 (of 261)

Best time in course: 3:20:36

Rank in category: 6(of 22)

Best time in the category: 3:31:12

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	5.27	33:17	6:18	16	9:15	166	10:55	5.27	33:17	6:18	15			86
Lap 2	5.27	33:14	6:18	18	8:25	172	9:48	10.54	1:06:31	6:18	9	12:56		76
Lap 3	5.27	32:04	6:05	17	7:10	131	8:26	15.81	1:38:35	6:14	15	1:32		82
Lap 4	5.27	32:14	6:06	13	6:43	112	7:36	21.08	2:10:49	6:12	9	22:31		73
Lap 5	5.27	30:57	5:52	7	4:57	64	5:38	26.35	2:41:46	6:08	14			75 38:57
Lap 6	5.27	31:06	5:54	5	4:07	47	5:15	31.62	3:12:52	6:05	14			69 44:06
Lap 7	5.27	31:42	6:00	4	3:22	33	5:35	36.89	3:44:34	6:05	14			70 49:41
Last lap Finish	5.27	32:50	6:13	8	6:03	47	7:07	42.16	4:17:24	6:06	9	3:50:37		87 3:50:37