



9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

Detailed evaluation

ROSENHEINRICH, Detlef

Club: Rüdersdorf
Number: 301

Course: 21.08 km
Halbmarathon

Category:
Männer M55

Total time: 2:10:10

Speed: 9.68 km/h
Running performance: 6:10 min/km

Rank in course/Total: 10 (of 53)

Rank in course/Men: 9 (of 39)

Best time in course: 1:49:45

Rank in category: 1(of 2)

Best time in the category: 2:10:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	5.27	31:04	5:53	1	-	9	5:28	5.27	31:04	5:53	1	-	28		
Lap 2	5.27	30:18	5:44	1	-	7	4:20	10.54	1:01:22	5:49	2	-	33		
Lap 3	5.27	32:22	6:08	1	-	8	4:40	15.81	1:33:44	5:55	1	-	27		
Last lap Finish	5.27	36:26	6:54	1	-	14	6:45	21.08	2:10:10	6:10	1	-	9	20:25	