



9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

Detailed evaluation

TERENTIV, Leon

Club: www.my-race.info
Number: 372

Course: 42.16 km
Marathon

Category:
Männer M30

Total time: 4:23:37

Speed: 9.56 km/h
Running performance: 6:15 min/km

Rank in course/Total: 91 (of 289)

Rank in course/Men: 87 (of 261)

Best time in course: 3:20:36

Rank in category: 17(of 31)

Best time in the category: 3:22:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	5.27	31:10	5:54	22	7:33	119	8:48	5.27	31:10	5:54	16	3:59	97		
Lap 2	5.27	30:53	5:51	21	6:20	123	7:27	10.54	1:02:03	5:53	28	6:53	214		
Lap 3	5.27	31:14	5:55	21	6:56	114	7:36	15.81	1:33:17	5:54	16	8:45	92		
Lap 4	5.27	32:05	6:05	20	7:26	105	7:27	21.08	2:05:22	5:56	31	10:58	236		
Lap 5	5.27	32:34	6:10	15	7:08	89	7:15	26.35	2:37:56	5:59	14	12:09	85	35:07	
Lap 6	5.27	32:42	6:12	11	6:51	68	6:51	31.62	3:10:38	6:01	14	32:37	76	41:52	
Lap 7	5.27	36:12	6:52	13	10:01	88	10:05	36.89	3:46:50	6:08	13	6:40	81	51:57	
Last lap Finish	5.27	36:47	6:58	14	10:43	94	11:04	42.16	4:23:37	6:15	17	1:00:54	97	3:56:50	