



9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

Detailed evaluation

PERSSON, Simon

Club: Lystrup DK
Number: 265

Course: 42.16 km
Marathon

Category:
Männer M20

Total time: 4:29:08

Speed: 9.36 km/h
Running performance: 6:23 min/km

Rank in course/Total: 104 (of 289)

Rank in course/Men: 100 (of 261)

Best time in course: 3:20:36

Rank in category: 9(of 22)

Best time in the category: 3:31:12

Intermediate times

Stage score

Total ranking

Control	Split		Split min/km	Pos Cat.	Behind Cat.	Pos		Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
	km	Time				Men	Men								
Lap 1	5.27	35:03	6:39	19	11:01	206	12:41	5.27	35:03	6:39	1	-	110		
Lap 2	5.27	31:10	5:54	16	6:21	131	7:44	10.54	1:06:13	6:16	21	12:38	244		
Lap 3	5.27	30:50	5:51	12	5:56	97	7:12	15.81	1:37:03	6:08	1	-	105		
Lap 4	5.27	31:00	5:52	7	5:29	78	6:22	21.08	2:08:03	6:04	18	19:45	248		
Lap 5	5.27	31:53	6:02	10	5:53	81	6:34	26.35	2:39:56	6:04	11		98	37:07	
Lap 6	5.27	33:17	6:18	9	6:18	75	7:26	31.62	3:13:13	6:06	12		85	44:27	
Lap 7	5.27	35:58	6:49	9	7:38	84	9:51	36.89	3:49:11	6:12	11		94	54:18	
Last lap Finish	5.27	39:57	7:34	13	13:10	133	14:14	42.16	4:29:08	6:23	12	4:02:21	110	4:02:21	