



9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

Detailed evaluation

MASCHER, Karl

Club: VfL Tegel Berlin
Number: 221

Course: 42.16 km
Marathon

Category:
Männer M55

Total time: 4:31:48

Speed: 9.27 km/h
Running performance: 6:27 min/km

Rank in course/Total: 115 (of 289)

Rank in course/Men: 111 (of 261)

Best time in course: 3:20:36

Rank in category: 7(of 21)

Best time in the category: 4:02:33

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	5.27	28:46	5:27	4	2:43	69	6:24	5.27	28:46	5:27	16		121	
Lap 2	5.27	29:32	5:36	6	2:18	84	6:06	10.54	58:18	5:31	11	4:38	98	
Lap 3	5.27	31:18	5:56	7	2:50	117	7:40	15.81	1:29:36	5:40	16		116	
Lap 4	5.27	32:23	6:08	7	3:10	117	7:45	21.08	2:01:59	5:47	19		219	
Lap 5	5.27	33:36	6:22	7	3:46	114	8:17	26.35	2:35:35	5:54	14		109	32:46
Lap 6	5.27	35:25	6:43	8	3:33	114	9:34	31.62	3:11:00	6:02	14		96	42:14
Lap 7	5.27	39:19	7:27	9	5:20	140	13:12	36.89	3:50:19	6:14	13	14:44	105	55:26
Last lap Finish	5.27	41:29	7:52	10	6:46	160	15:46	42.16	4:31:48	6:26	7	29:15	121	4:05:01