



9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

Detailed evaluation

SCHMID, Armin

Club: Speedrunners
Number: 318

Course: 42.16 km
Marathon

Category:
Männer M40

Total time: 4:33:21

Speed: 9.22 km/h
Running performance: 6:29 min/km

Rank in course/Total: 120 (of 289)

Rank in course/Men: 116 (of 261)

Best time in course: 3:20:36

Rank in category: 25(of 55)

Best time in the category: 3:28:58

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	5.27	27:12	5:09	6	3:59	44	4:50	5.27	27:12	5:09	55		126	
Lap 2	5.27	27:23	5:11	9	2:53	40	3:57	10.54	54:35	5:10	5		103	
Lap 3	5.27	28:14	5:21	11	3:37	49	4:36	15.81	1:22:49	5:14	53		121	
Lap 4	5.27	30:25	5:46	15	5:24	71	5:47	21.08	1:53:14	5:22	46		102	
Lap 5	5.27	33:09	6:17	21	6:51	96	7:50	26.35	2:26:23	5:33	51		114	23:34
Lap 6	5.27	38:11	7:14	37	10:36	164	12:20	31.62	3:04:34	5:50	51		101	35:48
Lap 7	5.27	44:36	8:27	46	16:05	196	18:29	36.89	3:49:10	6:12	2		110	54:17
Last lap Finish	5.27	44:11	8:23	42	16:33	191	18:28	42.16	4:33:21	6:29	27	2:56:08	126	4:06:34