



9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

Detailed evaluation

HÖPNER, Jens

Club: HCE Plauen
Number: 132

Course: 21.08 km
Halbmarathon

Category:
Männer M40

Total time: 2:15:38

Speed: 9.33 km/h
Running performance: 6:26 min/km

Rank in course/Total: 14 (of 53)

Rank in course/Men: 13 (of 39)

Best time in course: 1:49:45

Rank in category: 5(of 10)

Best time in the category: 2:01:34

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	5.27	31:32	5:59	5	2:33	14	5:56	5.27	31:32	5:59	4	2:32	32		
Lap 2	5.27	34:43	6:35	7	5:11	23	8:45	10.54	1:06:15	6:17	10	7:43	36		
Lap 3	5.27	34:49	6:36	6	4:02	15	7:07	15.81	1:41:04	6:23	4	11:41	31		
Last lap Finish	5.27	34:34	6:33	5	3:30	10	4:53	21.08	2:15:38	6:26	5	14:04	13	25:53	