



9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

Detailed evaluation

KRÜGER, Thomas

Club: TSV Reichenbach
Number: 187

Course: 21.08 km
Halbmarathon

Category:
Männer M50

Total time: 2:17:05

Speed: 9.23 km/h
Running performance: 6:30 min/km

Rank in course/Total: 16 (of 53)

Rank in course/Men: 15 (of 39)

Best time in course: 1:49:45

Rank in category: 1(of 8)

Best time in the category: 2:17:05

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	5.27	33:40	6:23	3	0:12	19	8:04	5.27	33:40	6:23	1	-	33	
Lap 2	5.27	34:39	6:34	4	1:23	21	8:41	10.54	1:08:19	6:28	8	1:35	38	
Lap 3	5.27	35:11	6:40	2	0:17	18	7:29	15.81	1:43:30	6:32	1	-	32	
Last lap Finish	5.27	33:35	6:22	1	-	9	3:54	21.08	2:17:05	6:30	1	-	15	27:20