



9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

Detailed evaluation

KRÜGER, Thomas

Club: TSV Reichenbach
Number: 187

Course: 21.08 km
Halbmarathon

Category:
Männer M50

Total time: 2:17:05

Speed: 9.19 km/h
Running performance: 6:30 min/km

Rank in course/Total: 16 (of 53)

Rank in course/Men: 15 (of 39)

Best time in course: 1:49:45

Rank in category: 1(of 8)

Best time in the category: 2:17:05

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|--|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | |
| Lap 1 | 5.27 | 33:40 | 6:23 | 3 | 0:12 | 19 | 8:04 | 5.27 | 33:40 | 6:23 | 1 | - | 33 | | |
| Lap 2 | 5.27 | 34:39 | 6:34 | 4 | 1:23 | 21 | 8:41 | 10.54 | 1:08:19 | 6:28 | 8 | 1:35 | 38 | | |
| Lap 3 | 5.27 | 35:11 | 6:40 | 2 | 0:17 | 18 | 7:29 | 15.81 | 1:43:30 | 6:32 | 1 | - | 32 | | |
| Last lap Finish | 5.27 | 33:35 | 6:22 | 1 | - | 9 | 3:54 | 21.08 | 2:17:05 | 6:30 | 1 | - | 15 | 27:20 | |