



9. Unter-Tage Sparkassen Marathon  
Brügman- Schacht, Sondershausen / 04.12.2010

Detailed evaluation

JOHN, Marianne

Club: Halle  
Number: 150

Course: 42.16 km  
Marathon

Category:  
Frauen W20

Total time: 4:45:45

Speed: 8.85 km/h  
Running performance: 6:47 min/km

Rank in course/Total: 158 (of 289)

Rank in course/Women: 7 (of 28)

Best time in course: 4:05:29

Rank in category: 1(of 1)

Best time in the category: 4:45:45

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Lap 1	5.27	34:18	6:30	1	-	13	6:33	5.27	34:18	6:30	1	-	21	2:57
Lap 2	5.27	33:23	6:20	1	-	8	4:17	10.54	1:07:41	6:25	1	-	15	
Lap 3	5.27	34:22	6:31	1	-	8	5:19	15.81	1:42:03	6:27	1	-	20	
Lap 4	5.27	35:10	6:40	1	-	8	5:52	21.08	2:17:13	6:30	1	-	21	
Lap 5	5.27	36:10	6:51	1	-	10	6:24	26.35	2:53:23	6:34	1	-	18	
Lap 6	5.27	37:26	7:06	1	-	8	6:40	31.62	3:30:49	6:40	1	-	19	
Lap 7	5.27	37:35	7:07	1	-	8	5:42	36.89	4:08:24	6:44	1	-	24	33:39
Last lap Finish	5.27	37:21	7:05	1	-	8	5:08	42.16	4:45:45	6:46	1	-	8	3:16:04