



9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

Detailed evaluation

KLEIN, Hajo

Club: Multisport Darmstadt
Number: 168

Course: 42.16 km
Marathon

Category:
Männer M40

Total time: 4:50:13

Speed: 8.68 km/h
Running performance: 6:53 min/km

Rank in course/Total: 168 (of 289)

Rank in course/Men: 158 (of 261)

Best time in course: 3:20:36

Rank in category: 37(of 55)

Best time in the category: 3:28:58

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Lap 1	5.27	33:24	6:20	37	10:11	169	11:02	5.27	33:24	6:20	12		103	
Lap 2	5.27	32:47	6:13	36	8:17	164	9:21	10.54	1:06:11	6:16	52		242	
Lap 3	5.27	32:46	6:13	33	8:09	149	9:08	15.81	1:38:57	6:15	11	8:45	162	
Lap 4	5.27	34:11	6:29	35	9:10	157	9:33	21.08	2:13:08	6:18	9		129	1:28
Lap 5	5.27	36:27	6:54	36	10:09	169	11:08	26.35	2:49:35	6:26	12		154	46:46
Lap 6	5.27	42:00	7:58	46	14:25	204	16:09	31.62	3:31:35	6:41	11	12:24	142	1:02:49
Lap 7	5.27	41:12	7:49	38	12:41	164	15:05	36.89	4:12:47	6:51	10	2:17	138	1:17:54
Last lap Finish	5.27	37:26	7:06	26	9:48	113	11:43	42.16	4:50:13	6:53	39	3:13:00	168	4:23:26