



# 9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

## Detailed evaluation

**BUSCHOW, Uwe**

Club: TV Echzell  
Number: 35

Course: 21.08 km  
Halbmarathon

Category:  
Männer M50

Total time: 2:19:22

Speed: 9.08 km/h  
Running performance: 6:37 min/km

Rank in course/Total: 20 (of 53)

Rank in course/Men: 19 (of 39)

Best time in course: 1:49:45

Rank in category: 3(of 8)

Best time in the category: 2:17:05

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	5.27	33:28	6:21	1	-	16	7:52	5.27	33:28	6:21	2		36	
Lap 2	5.27	33:16	6:18	1	-	17	7:18	10.54	1:06:44	6:19	1	-	29	
Lap 3	5.27	35:14	6:41	4	0:20	20	7:32	15.81	1:41:58	6:26	3		36	
Last lap Finish	5.27	37:24	7:05	3	3:49	17	7:43	21.08	2:19:22	6:36	3	2:17	19	29:37