



9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

Detailed evaluation

GRAFE, Tim

Club: TSV 62 Prenzlau
Number: 97

Course: 42.16 km
Marathon

Category:
Männer M20

Total time: 4:52:13

Speed: 8.62 km/h
Running performance: 6:56 min/km

Rank in course/Total: 177 (of 289)

Rank in course/Men: 167 (of 261)

Best time in course: 3:20:36

Rank in category: 14(of 22)

Best time in the category: 3:31:12

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	5.27	30:53	5:51	8	6:51	110	8:31	5.27	30:53	5:51	7		118	
Lap 2	5.27	29:09	5:31	7	4:20	76	5:43	10.54	1:00:02	5:41	15	6:27	196	
Lap 3	5.27	30:06	5:42	7	5:12	79	6:28	15.81	1:30:08	5:42	7		172	
Lap 4	5.27	31:13	5:55	8	5:42	81	6:35	21.08	2:01:21	5:45	15	13:03	217	
Lap 5	5.27	33:37	6:22	13	7:37	115	8:18	26.35	2:34:58	5:52	7		164	32:09
Lap 6	5.27	37:37	7:08	15	10:38	153	11:46	31.62	3:12:35	6:05	7		151	43:49
Lap 7	5.27	46:06	8:44	14	17:46	206	19:59	36.89	3:58:41	6:28	7	3:57	146	1:03:48
Last lap Finish	5.27	53:32	10:09	18	26:45	242	27:49	42.16	4:52:13	6:55	17	4:25:26	178	4:25:26